



Emailing the Headteacher and including the class teacher or first aid lead is a great way to start a conversation about how your child's school can support Young Epilepsy this Purple Day.... or at other points in the year.

We know your child's school want to support them in the very best ways they can. Fundraising is more than just collecting money — it's about building a community where every child feels seen and valued. Whether it's getting involved in Purple Day on the 26th March, a sponsored walk, a bake sale....or anything their creative and compassionate pupils might dream up.... every event, every action helps spark conversations, educate peers, and show children with epilepsy that they are not alone

We also want all schools to know that Young Epilepsy has free resources, made by teachers, for teachers, to help them to support families like yours.

There is dedicated information on our website for educators: [Classroom resources](#) | [Young Epilepsy](#)

Money raised through schools is vitally important to the work of Young Epilepsy. Whether it's an individual pupil, a class or indeed a whole school getting involved – every penny has a purpose!

The template below can be updated or used as a guide for you create your own letter to explain why this would mean so much to you and your child.

Good luck.





Dear **[Headteacher's Name]** and School Staff,

I'd like to write and thank you for all that you do to include **[Child's name]** fully in school. Epilepsy can be a tricky condition to manage and we are thankful that **[Child's name]** is supported so well by you all.

[Child's name]'s epilepsy can make them feel *(How do seizures make your child feel?)* when they have a seizure.

The condition means that they...*(Explain if there are any special things they need to do/ avoid doing, do they need to take any medicine? Are there things they need to be aware of, make others aware of. How does it affect their life each day? What impact does it have specifically in school or on learning?)*

I'm writing to ask if **[school name]** can support **[Child's name]** by getting involved in **Purple Day on Thursday 26 March, 2026** to raise awareness of the condition and raise funds for Young Epilepsy.

There are lots of ways to get involved from **having an assembly, holding a purple bake sale** or even **wearing something purple** for a donation - We really could do anything!

Taking part would show that the whole school stands with **[Child's name]**. Every penny raised on Purple Day for Young Epilepsy goes towards supporting families just like ours.

This charity do amazing work for children and young people living with epilepsy by funding vital research, provide support and information, raising awareness, not to mention the dedicated support and training they provide for schools across the UK.

They have special Purple Day packs available to make it as easy as possible for schools to get involved which can be downloaded here:

youngepilepsy.org.uk/purple-day-schools-and-community-groups or by emailing supportercare@youngepilepsy.org.uk.

Thank you for taking the time to read this letter. It would mean everything to our family if **(school name)** could support **[Child name]** by getting involved with this charity that holds such special significance for us.

Your support would truly make a difference.





[Name]

[Child's name] Parent

[Class name / year group]



PURPLE DAY

Join #TeamPossible



Young Epilepsy



Get your school or group involved!

Download your fundraising pack



FREE training & resources for schools

