

UNDERSTAND MY EPILEPSY

MANIFESTO

For every **pupil** who feels scared in the classroom.
For every hard-working **student** failing their exams.
For the top scoring **footballer** benched for the game.
The **adventurer** not allowed to go on camp.
The **dancer** not allowed at the disco.

For every young person missing out on school and precious childhood moments, because people don't understand that all epilepsies are not the same, we will:

- Listen to them and be led by their voices.
- Call for government guidance and school policies to be strengthened.
- Support educators to ensure every young person's talents and abilities are developed to the full.
- Support out of school clubs to be inclusive places where children with epilepsy can relax, play and take part.
- Build a community where children and young people with epilepsy can connect and support each other.
- Provide practical information, resources and tools for young people and their families living with epilepsy.