

Young Epilepsy Health Services: **Rehabilitation**



Welcome to Young Epilepsy Health Services, part of Young Epilepsy which is the only UK charity dedicated to creating **better lives for children and young people with epilepsy** and related conditions.

Our rehabilitation service provides holistic, intensive, and residential rehabilitation for children and young people with epilepsy who have undergone neurosurgery and completed their acute rehabilitation. We also support children and young people who have sustained a brain injury, either through accident or illness, and can also provide support to those requiring intensive rehabilitation for other reasons in order to help them regain or improve skills.

Working with the highly skilled multi-disciplinary team, the unit manager ensures an individualised programme is created prior to admission that puts the young person at the centre of the plan. The team then work collaboratively with the young person and their family to help them develop and improve their independence in line with agreed targeted outcomes. This can include working towards regaining lost skills, learning new ones, encouraging alternative skills addressing challenges that may develop during their rehabilitation.

Our multi-disciplinary team is built around the child or young person and could include input from:

- Clinical psychologist/scientist
- Consultant nurse specialist
- Consultant paediatric neurologist
- Consultant psychiatrist
- Epilepsy nurse specialist
- Healthcare assistants
- Nurses and support workers
- Occupational therapist
- Paediatric registrars
- Pharmacy advisor
- Physiotherapist
- Play specialist
- Speech and language therapist
- Teacher
- Unit manager

What do we do?

Following a pre-assessment, a tailored plan is created for each child, ranging from 2 to 12 weeks in duration which details the aims and goals of rehabilitation.

We recognise the importance of making sure both the patient and their family are fully supported throughout the process to ensure

they can comfortably re-integrate into their everyday life and that any follow up plans are realistic and achievable in their home setting. Families and external clinicians are regularly updated with progress throughout the rehabilitation period and, where agreed as part of the plan, families can stay in our onsite facilities.

Our outpatient clinics allow us to review the young person prior to admission and offer follow up appointments after discharge. This means that we can continue to work with the young person and review their progress, and provide ongoing support to them and their family.

Outreach clinics are also available as part of our pre- and post-assessment programmes and allow us to review progress, offer ongoing support to the family and provide advice on re-establishing normal routines.

How to make a referral?

A referral is made by the young person's GP, paediatrician or consultant. Referral forms can be downloaded at:

www.youngpilepsy.org.uk/for-professionals/health-services-at-young-epilepsy

And once complete, should be emailed to:

youngpilepsy.healthservices@nhs.net

Where are we?

We are based at The Neville Childhood Epilepsy Centre in Lingfield, approximately 8 miles from M25 Junction 6. We are also easily accessible by train from London Victoria.

For further information please contact:

Young Epilepsy Health Services

St Piers Lane, Lingfield, Surrey, RH7 6PW

Tel: 01342 831203

Email: youngpilepsy.healthservices@nhs.net

www.youngpilepsy.org.uk

Our flexible packages offer:

- Outpatient appointment
- Preview assessment
- EEG/video telemetry and ambulatory EEG
- Diagnostic assessment
- Epilepsy assessment and management
- Behaviour management
- Outreach
- Training for parents and professionals

Our facilities include:

- EEG telemetry suite
- Play suite
- Preview room
- Therapy suite
- Multi-sensory room
- Ceiling tracking
- Garden with outside play area
- Fully equipped classroom
- Parental accommodation suite
- Use of campus facilities including extensive grounds and farm.

Young Epilepsy Health Services include:

- Autism diagnostic services
- Behavioural assessments
- EEG and video telemetry diagnostic services
- Epilepsy nurse support
- Health training for parents, carers and professionals
- Rehabilitation
- VNS clinics

