

Young Epilepsy Health Services: **Behavioural Assessments**

Welcome to Young Epilepsy Health Services, part of Young Epilepsy which is the only UK charity dedicated to creating **better lives for children and young people with epilepsy** and related conditions.

Young Epilepsy Health Services provide specialist support for young people with behaviours that challenge and are linked to epilepsy, autism and/or other related neurological conditions. We offer a full residential package which includes an in-depth evaluation of any environmental factors, including the impact of prescribed medication, which are triggering the behaviours of concern. This enables the team to work with the individual and their families to develop appropriate strategies to either eliminate or reduce the specific behaviours targeted.



The young person is always at the centre of the work we do, and we are mindful of seeing things from their perspective. Our highly skilled multi-disciplinary team offers a holistic approach and works collaboratively with the child or young person to understand the effect that the behaviours are having on their development.

The team consists of:

- Clinical psychologist/scientist
- Consultant nurse specialists
- Consultant paediatric neurologist
- Consultant psychiatrist
- Epilepsy nurse specialist
- Healthcare assistants
- Nurses and support workers
- Occupational therapists
- Paediatric registrars
- Pharmacy advisor
- Physiotherapists
- Play specialist
- Speech and language therapists
- Teacher
- Unit manager

It is essential that each assessment is tailored to meet the needs of the young person. To facilitate this, we conduct a short residential pre-assessment to enable the team to get to know the young person better, including gaining an understanding of their likes and dislikes. The unit manager then designs a comprehensive assessment plan for the young person's stay with us to ensure that the programme of treatment is made on the basis of a detailed evaluation and an understanding of their individual needs. This means that choices around medical, educational, social and care support needs are all personalised accordingly. At the end of the assessment programme, a full evaluation report is provided along with the offer of outreach follow up where appropriate.



Key stages of assessment

1. Referrals are accepted from the young person's local authority GP, paediatrician or consultant. Referral forms can be downloaded at:
www.youngpilepsy.org.uk/for-professionals/health-services-at-young-epilepsy
2. Once the referral has been reviewed and we believe we can support the child or young person to make a positive difference, they will be offered either a home visit, outpatient appointment or pre-assessment where their needs are reviewed and goals set. The short and long-term goals set will determine the basis of each individual's proposed programme and enable outline costs to be calculated for the referrer.
3. A programme for the assessment period is developed to an agreed time frame, usually from 2 to 12 weeks in duration. This includes weekly input from each discipline, depending on the child or young person's needs.
4. The parents/carers are an integral part of the team and are kept fully informed and involved, as appropriate, throughout the assessment period.
5. Multi-disciplinary team meetings will be held throughout the stay to review progress and adjust the programme as necessary.
6. At the end of the assessment period, a discharge summary is provided detailing the focus of the assessment and general medical or behavioural needs.
7. A comprehensive report is sent to the referring body, trust and parents outlining findings and outcomes. The report is generally sent within a month of discharge.

How to make a referral?

Referrals are welcomed from the young person's local authority, GP, paediatrician or consultant. Please complete the referral form and email it to:

youngpilepsy.healthservices@nhs.net

Where are we?

We are based at The Neville Childhood Epilepsy Centre in Lingfield, approximately 8 miles from M25 Junction 6. We are also easily accessible by train from London Victoria.

For further information please contact:

Young Epilepsy Health Services

St Piers Lane, Lingfield, Surrey, RH7 6PW

Tel: 01342 831203

Email: youngpilepsy.healthservices@nhs.net

www.youngpilepsy.org.uk

Young Epilepsy Health Services include:

- Autism diagnostic services
- Behavioural assessments
- EEG and video telemetry diagnostic services
- Epilepsy nurse support
- Health training for parents, carers and professionals
- Rehabilitation
- VNS clinics

