



Secondary Epilepsy awareness assembly

Better futures for
young lives with epilepsy
youngepilepsy.org.uk



**Epilepsy is much more
common than people realise**



**63,400
children aged
18 and under
have epilepsy
in the UK**



Philip Martin Brown

Actor



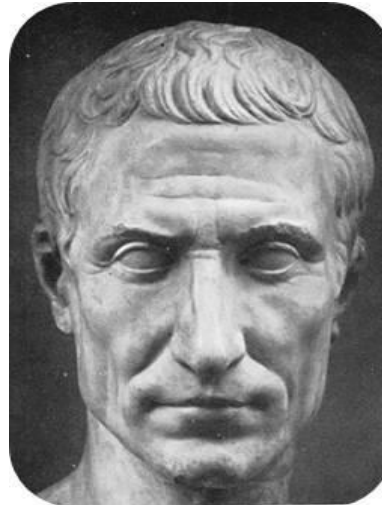
Dai Greene

Athlete



Edith Bowman

Radio 1 DJ and presenter



Julius Caesar

Roman Emperor

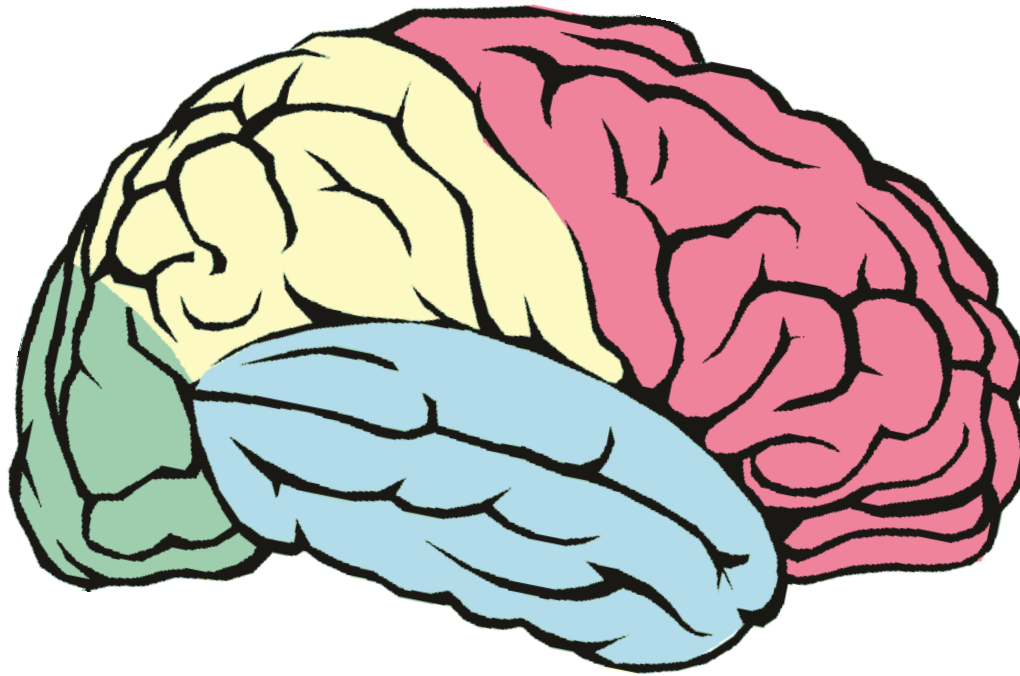
**Epilepsy can take effect
suddenly for a short time**

**We can all help people with
epilepsy to stay safe**

**What is
epilepsy?**

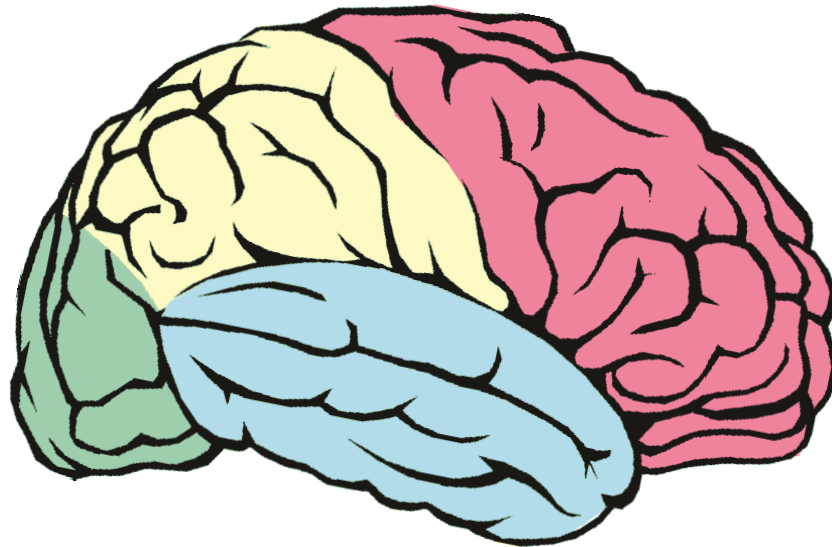


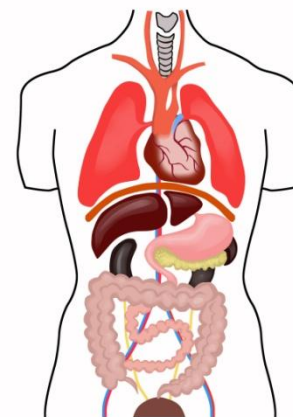
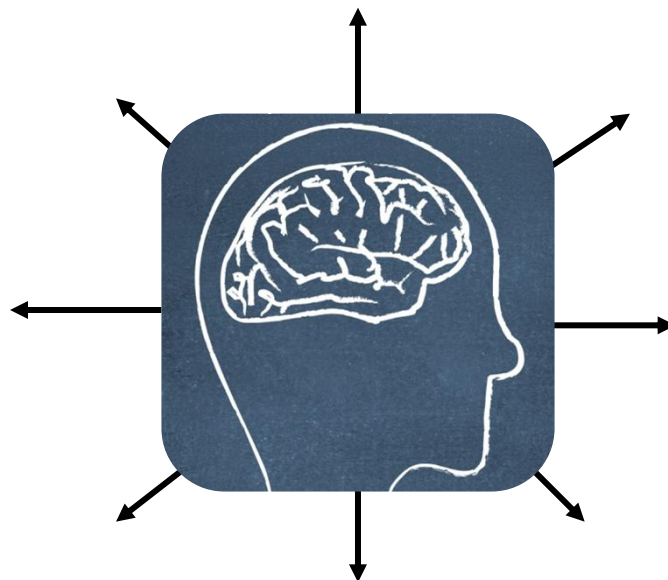
**You can't
catch
epilepsy!**



The brain

What does the brain do?







**Key
point**

**In epilepsy, there is
a problem with the
electrical messages
in the brain.**





**Key
point**

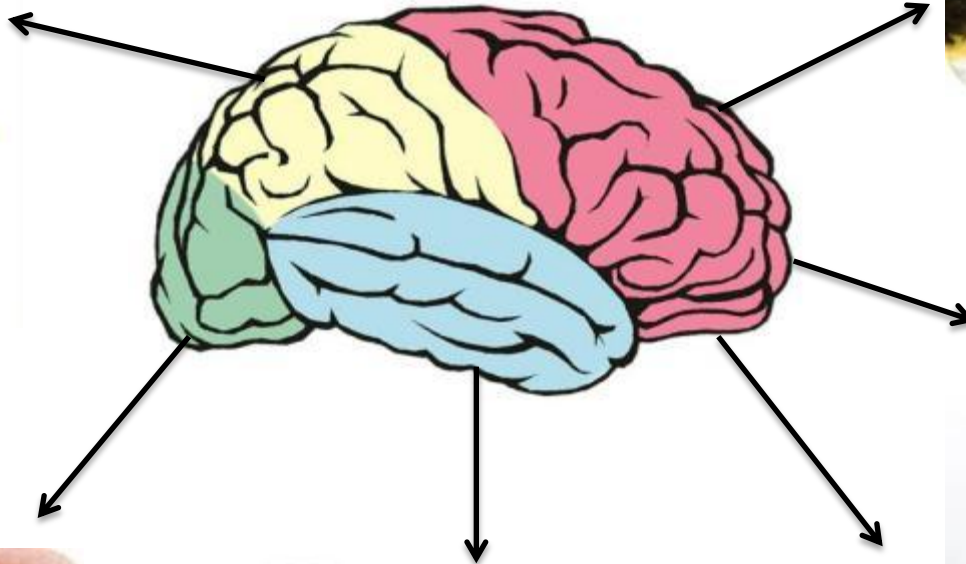
People with epilepsy experience sudden bursts of electricity in their brain - called a **SEIZURE.**

Seizures disrupt the way the **brain works for a short time.**

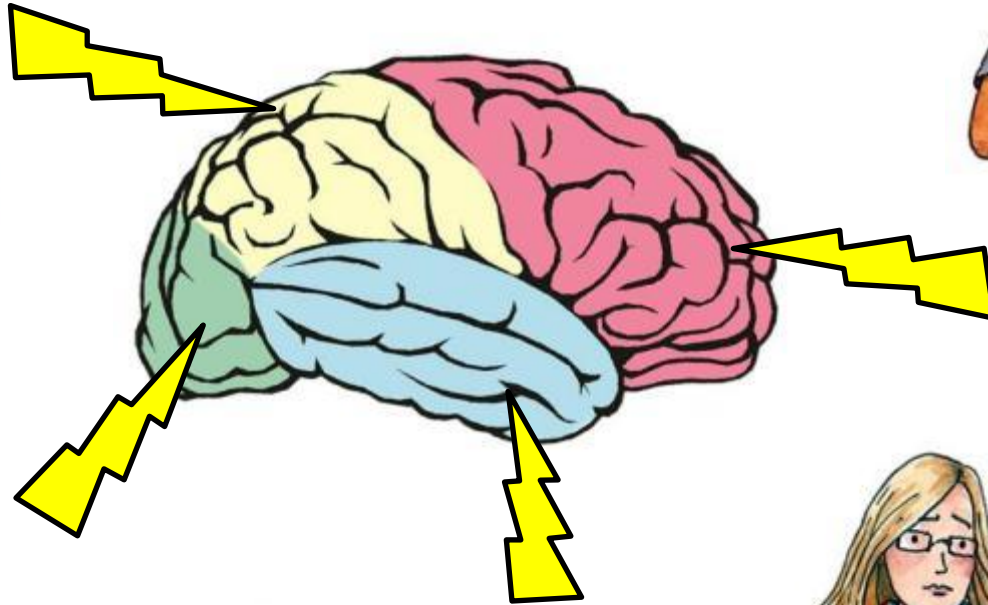


**What might it look
like when someone
has a seizure?**

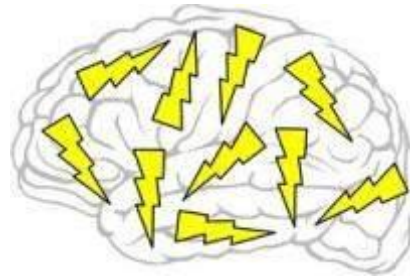
Focal seizures



Focal seizures



Absence seizures





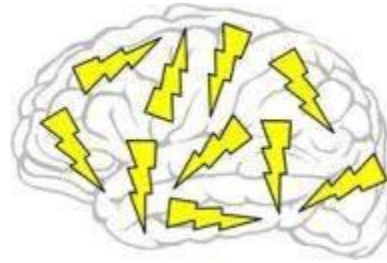
**Key
point**

**During a seizure, the
person cannot stop
what is happening.**

**Afterwards, they may feel
tired and a bit groggy.**



Tonic clonic seizures



Tonic
(stiffening)

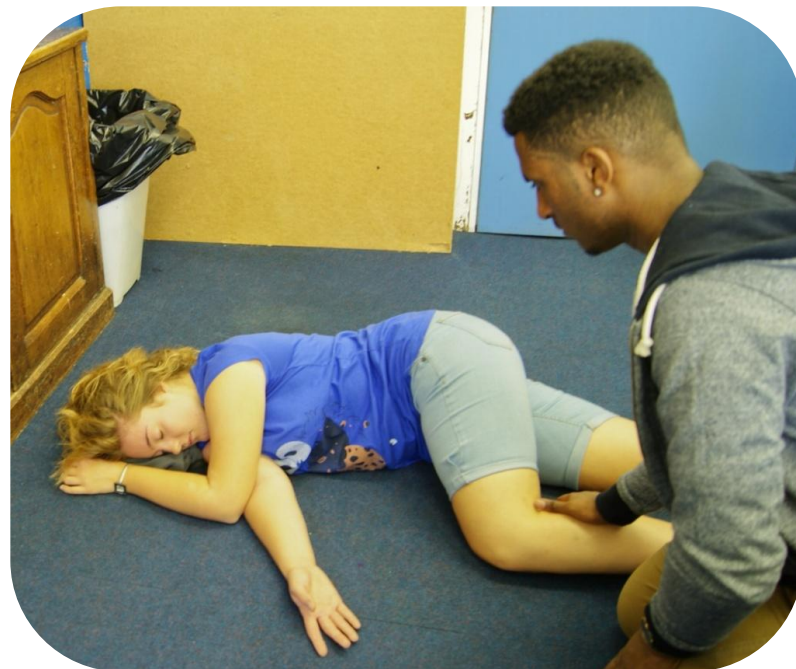


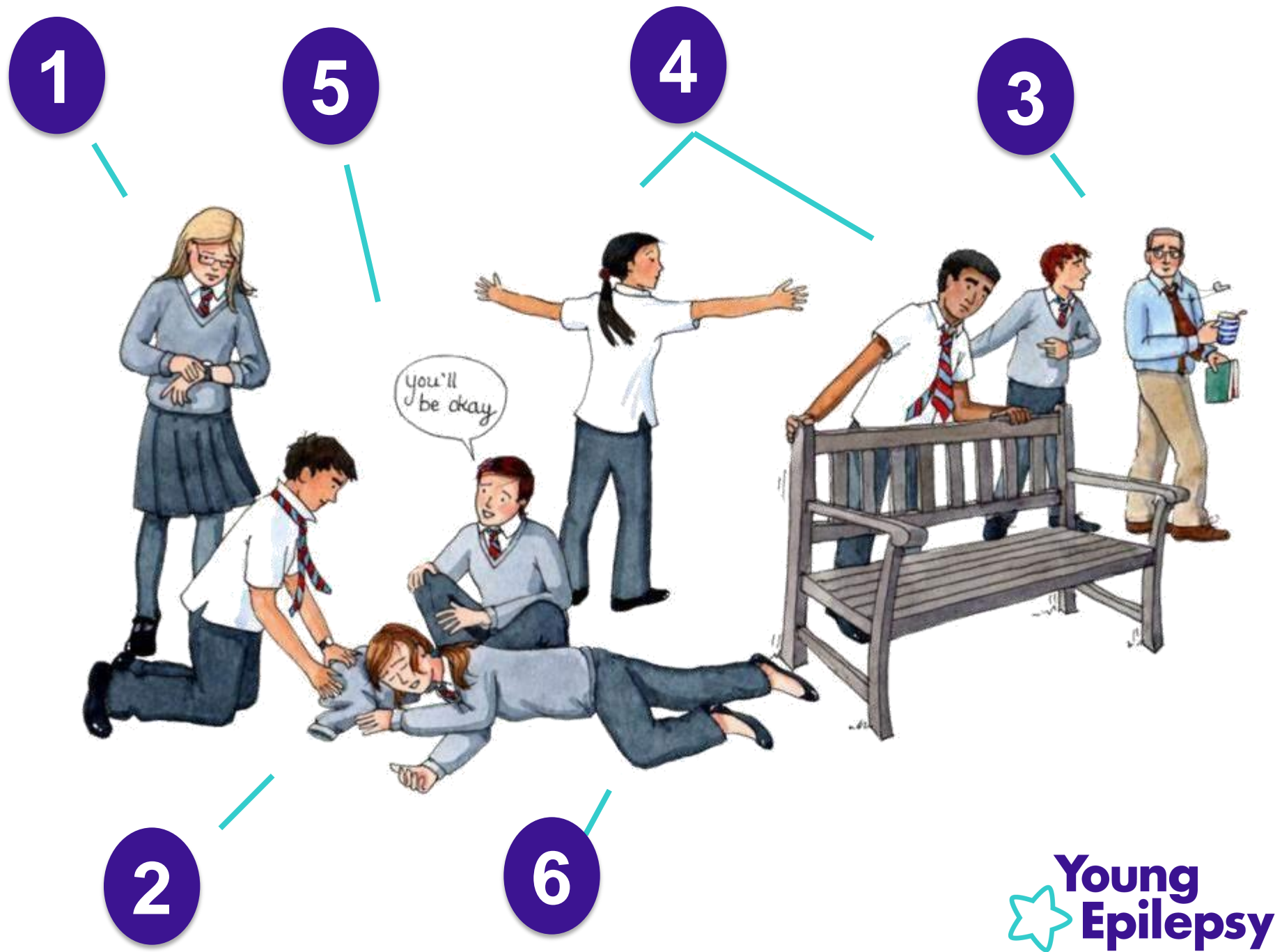
Clonic
(jerking)



**Key
point**

**During a seizure,
we need to keep
the person **safe**.**





Time the seizure

Stay calm and reassure

Keep the area safe

Get help



Put something soft under their head

Put them into the recovery position AFTER the shaking has stopped

Living with epilepsy





**Key
point**

**People with
epilepsy can join in
most activities just
like everyone else.**



Key points



In epilepsy, there is a problem with the **electrical messages** in the **brain**.



People with epilepsy experience sudden bursts of electricity in the brain - called a **seizure**.

Seizures **disrupt** the way the brain works for a short time.





During a seizure, the person cannot stop what is happening to them. Afterwards, they may feel tired and a bit groggy.



During a seizure, we need to keep the person safe.



People with epilepsy can join in most activities just like everyone else.





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