## Ask Charlie

I've been ignoring his texts.

Dear Charlie,
A friend of mine with
epilepsy had a seizure
when we were out on
our bikes last week.
He fell over and his
body shook all over
for a while - I was



so scared! Luckily, a man in the park came to help because I had no idea what to do! He's fine now but I'm worried about going out with him in case it happens again. I've been ignoring his texts because I don't know what to say! I feel really bad, what should I do?

X, London

## My boyfriend won't talk to me about his epilepsy.



Dear Charlie,
I have been going out
with my boyfriend for

6 weeks now and I really like him. The other day, his mum asked if I knew about his epilepsy but he quickly changed the subject. Whenever I ask him about it he gets the hump and we have a huge row! Can you tell me what epilepsy is and should I be worried?

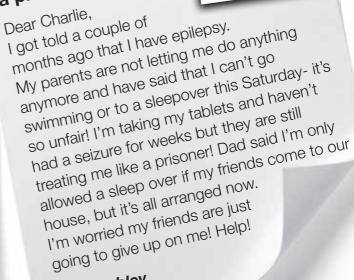
Catrina, Wales

Burgan Bar

Young people with epilepsy, their friends and family may have worries and concerns which they need advice about. Here are some examples.

Can you help?

## My parents are treating me like a prisoner.



R, Wembley

## Should I tell them about my epilepsy?



Dear Charlie,
I want to be a professional footballer and have a trial for my local team in a few weeks. I have atonic seizures which make me fall down suddenly and I usually get a strange taste in my mouth just before it happens. My cousin thinks I should tell the club in case I have a seizure and they don't know what to do, but I reckon they won't want me if I tell them and won't even bother giving me a trial! What should I do?

X



For suggested answers visit youngepilepsy.org.uk/ask-charlie-the-answers