

Ask Charlie

I've been ignoring his texts.

Dear Charlie,
A friend of mine with epilepsy had a seizure when we were out on our bikes last week. He fell over and his body shook all over for a while - I was so scared! Luckily, a man in the park came to help because I had no idea what to do! He's fine now but I'm worried about going out with him in case it happens again. I've been ignoring his texts because I don't know what to say! I feel really bad, what should I do?

X, London



My boyfriend won't talk to me about his epilepsy.

Dear Charlie,
I have been going out with my boyfriend for 6 weeks now and I really like him. The other day, his mum asked if I knew about his epilepsy but he quickly changed the subject. Whenever I ask him about it he gets the hump and we have a huge row! Can you tell me what epilepsy is and should I be worried?

Catrina, Wales



My parents are treating me like a prisoner.

Dear Charlie,
I got told a couple of months ago that I have epilepsy. My parents are not letting me do anything anymore and have said that I can't go swimming or to a sleepover this Saturday- it's so unfair! I'm taking my tablets and haven't had a seizure for weeks but they are still treating me like a prisoner! Dad said I'm only allowed a sleep over if my friends come to our house, but it's all arranged now. I'm worried my friends are just going to give up on me! Help!

R, Wembley



Should I tell them about my epilepsy?

Dear Charlie,
I want to be a professional footballer and have a trial for my local team in a few weeks. I have atonic seizures which make me fall down suddenly and I usually get a strange taste in my mouth just before it happens. My cousin thinks I should tell the club in case I have a seizure and they don't know what to do, but I reckon they won't want me if I tell them and won't even bother giving me a trial! What should I do?

X



For suggested answers visit
youngepilepsy.org.uk/ask-charlie-the-answers