

NCYPE 

Further Education  
College

Living a  
fuller life

# Connect2

An all year round service  
for ages 19-25

The National Centre for Young People with Epilepsy

[www.ncype.org.uk](http://www.ncype.org.uk)



# Connect2

**At the NCYPE we have specialist expertise in epilepsy as well as supporting young people with other neurological conditions. Our flexible activities programme promotes interest, engagement and daily living skills. It is designed to enrich young adults' lives and help them connect to the local community.**

# Engaging

## Leading a fuller life

Through Connect2, we aim to support young people with severe or profound complex needs to lead fulfilling lives. With our sensory rooms, farm, extensive outdoor spaces and on-campus community we can offer much that is enriching and interesting plus a programme of activities in the immediate community and far beyond. This might include swimming in the local pool, going shopping, or a day trip to Brighton or London.

There are also community clubs for young people with disabilities that we attend, not forgetting the social sides such as eating out, visiting local pubs and cinemas, theatre trips and a variety of wildlife centres. We also include

an annual holiday, for example to Cornwall, which may be the first time some young people experience a holiday on the beach enjoying life to the full.

Our Activities Co-ordinator, working closely with the Connect2 Manager, tailors the activities programme to the people we're supporting. With a maximum of 12 young people in the group, there's plenty of scope to reflect individual tastes and interests – whether it's aromatherapy, swimming, rock climbing or simply watching football.



# Choosing

## High support, high quality

At the NCYPE, we know how difficult it can be to find the right support for a young person whose needs are at a sensory level, and who may require more time to reach their full potential. Funding through educational channels may not be available. Many families start looking into adult social care options, seeking not only the highest standards of specialised, needs-based medical care and therapy, but also a programme of activities to encourage a young person to engage with the world and with other people.

The advent of personalised budgets means that there's potential for more choice and control – and for care providers to respond with more imaginative, personalised services. It's within this context that we have developed Connect2, providing an alternative for 19 to 25 year olds who are unlikely to receive the standard educational funding.

## A safe, stimulating life

Connect2 is based on one-to-one support, with any further support arranged according to individual need, so that each young person can access the full range of activities. The programme runs 52 weeks of the year, seven days a week and includes an annual week away.

Connect2 has structure, but is not based on a curriculum. In this, it varies considerably from educational settings where there's a requirement for progress against targets to be measured and outcomes identified. Connect2 is shaped to fit the individual.





## Encouraging

### Daily living skills

At the NCYPE, we fully understand the importance of focusing on daily living skills, and we have the expertise needed to offer sensory-level support and encouragement. In Connect2, we support each young person to engage with four key aspects of living: personal care, independence, making choices and keeping safe. The focus is on developing enhanced awareness, rather than ticking progress boxes. We understand that young people with complex health needs may require more time to reach their potential.

### Real flexibility

We usually schedule personal care engagement time for the mornings. But, because Connect2 is not based on a curriculum, we're free to shape things around the individual. So if, for example, a young person is recovering from night time seizures, we'll move things to the afternoon or evening when he or she is more able and ready to engage. Our deep understanding of epilepsy and other complex health issues means that real flexibility lies right at the heart of Connect2.

# Exploring

Horticulture  
Farm

Trampoline  
Swimming  
Bowling  
Horse riding  
Walking  
Cycling

Shopping  
Cinema  
Community club  
Pub

Reflexology  
Massage  
Creative arts

Go out for a meal or disco  
Youth/Dance Club

House games/activity  
College activities

Help cook/prepare breakfast  
Daily living skills

Own choice:  
friend or parents for  
tea/picnic/walk

Day trips: Drusilla's Park,  
Brighton, London, Godstone  
Farm, wildlife centre,  
aquapark, seaside



IRAL  
ENT



## Supporting

We provide specialised health and therapy support through our on-campus health service. We understand the importance of continuity and a personal approach, so each young person is under the care of a named consultant and key nurse. We employ our own team of physiotherapists, occupational therapists, psychologists, speech and language therapists and play specialists.

The therapy team offers students support with their everyday activities, learning, emotional or behavioural needs, mobility, communication or sensory difficulties, equipment needs, and developmental leisure activities. Group and individual sessions are available and we also arrange audiology, hearing support, dietetics, helmets, orthotics and spinal clinics.

If you'd like to find out more about this aspect of the support we offer through Connect2, please take a look at [www.ncype.org.uk/college](http://www.ncype.org.uk/college)



## Connect2

Connect2 is a high support service for young people aged 19-25 with severe or profound learning disabilities. Based at the NCYPE's Surrey campus, Connect2 offers year-round residential support with needs-based health care and therapy. Connect2 is an integral part of our services for young people which start in early childhood.

If you would like to find out more about Connect2 and whether this is the right service for someone you know or arrange to come and see us, please contact **connect2@ncype.org.uk** or call **01342 831202**. Young adults who have no previous connection with the NCYPE are very welcome. You'll find full details of all our services at **www.ncype.org.uk**.



The National Centre for Young People with Epilepsy (NCYPE) is a national charity for children and young people with epilepsy and other neurological conditions. The NCYPE works in partnership with Great Ormond Street Hospital for Children NHS Trust and the University College London's Institute of Child Health. Our campus in Lingfield, Surrey includes specialist residential and day provision at St Piers School and the NCYPE Further Education College, as well as a SureStart Children's Centre for all local families.

Our award-winning and state-of-the-art health centre, the Neville Childhood Epilepsy Centre hosts a range of epilepsy diagnostic, assessment and rehabilitation services and is also based on campus. The Childhood Epilepsy Information Service (helpline **01342 831342** Mon-Fri 9am-1pm) provides training and support for professionals, parents and young people. The NCYPE campaigns for better NHS and education support for the 60,000 young people with epilepsy through its Champions for Childhood Epilepsy Campaign and provides schools with free or low-cost training.  
[www.ncype.org.uk/campaign](http://www.ncype.org.uk/campaign)

## **Better futures for young lives with epilepsy**

### **The National Centre for Young People with Epilepsy**

St Piers Lane, Lingfield, Surrey, RH7 6PW

Tel: 01342 832243 Fax: 01342 834639 Email: [info@ncype.org.uk](mailto:info@ncype.org.uk) [www.ncype.org.uk](http://www.ncype.org.uk)

Childhood Epilepsy Helpline **01342 831342**

Registered charity No 311877 (England and Wales)

Publication No. 147

© NCYPE 2011